

MONDAY, SEPTEMBER 21, 2009

CONESTOGA COLLEGE, KITCHENER, ONT.

WWW.CONESTOGA.ON.CA/SPK

YEAR - NO. 10

## College working on parking woes

By MICK BAKER

Abby Ellis had to be as early as 6 a.m. to ensure she got a parking pass. The first year public relations student, paying \$30 a year and only allowed to \$10 a day on Sept. 14, the day university services held a special rate of parking passes, after selling out the first time around.

Dan Willis, Conestoga's director of safety and security services, is in close with everyone else at the school, was "straight forward" by the increase in enrollment this fall.

Due to the economic downturn, the college was expected on an average increase of one per cent. Instead, the jump, just one semester, was projected to be 10 per cent. According to Willis, that means that not only is parking around the halo needed, but school parking spaces at the Guelph campus, which normally fill and take a few weeks, now sold out within the first few hours on the first day of classes. This left an estimated 200 to 300 students without parking passes.

The college, however, has stepped up to make sure students have somewhere to park. A grace period was put in place during the first week, while students could park without a pass. Beginning Sunday, via drop-in, car-purchase passes that have been restored. Willis and school's head of finance plan a day or brought back.



PHOTO BY MICK BAKER

A theory Abby Ellis put on \$30 a day, as that she could be first in line for the limited parking spots. The first-year public relations student paid to school at \$10 a day on Sept. 14.

In the office, students usually return their passes because there are competing or new or bigger needs.

On Sept. 14, students lined up for short-term passes, which are gold card stickers. These passes allow parking lot 2 and are valid for \$75. For lots 1 and 3, limited numbers of passes were available for parking at the residence. The cost of these temporary passes will be applied to a student's account when they drop a courses or pass.

Amber Hope, a second year public relations student, drives to class everyday but prefers to buy a pass. She parks across from campus in the driveway of a house belonging to a friend. According to Hope, this is a "personal" parking space the student's roommate has put up like the rest of the space of parking passes outside. She says, on the website of course, that "some students are parking in places that isn't part of the available of Waterloo." Patrick is the name of Waterloo University's website at 1000.ca.

Other students were more complimentary than Hope. Patrick Makaroff is a second year life training student who was unable to purchase a pass in time. During the first week, his grace period was over but he had 20 minutes to find a parking spot. Based on that, he thinks this new strategy is the "only thing the school can do."

However, Dan Willis, director of safety and security services, said that price changes are more lighter due to an unanticipated 10 per cent increase in enrollment.

Like previous years, recently students have been sent into the lots to direct traffic and prevent chaos. Willis said students are more lighter due to an unanticipated 10 per cent increase in enrollment.



Conestoga students get their "Rock" up at the Pond Party this summer's first new held Sept. 16 to Conestoga students and their Pages 6 and 7 for story and additional photos.

## Parking panic at Conestoga

By MICK BAKER

spare but for years like this one it's still not enough.

Laura Thomas, a first-year student, deals with the traffic every day. "All of a sudden it's like a flood of people," she said.

During the first week of fall, it is to be expected that lots are full and traffic is heavy.

However, Dan Willis, director of safety and security services, said that price changes are more lighter due to an unanticipated 10 per cent increase in enrollment.

Like previous years, recently students have been sent into the lots to direct traffic and prevent chaos. Willis said students are more lighter due to an unanticipated 10 per cent increase in enrollment.

However, Dan Willis is confident in fall decrease.

"Once term begins falls in, there will be more students in the lots," he said.

For the time being, however, students are finally put their dentists driving skills to the test.



PHOTO BY MICK BAKER

A long line of vehicles wait their turn to leave the lot at right. Roads at Conestoga have been packed during the first weeks of school.



# Conestoga gives security wheels

By MELISSA HOBBS

Scrambling over a boulder to the ground here at Conestoga College

"It's costing us lesson plans, but it is easy to make up lesson plans on the spot."

Mark Roshko, 34, has been a part of the Security Services team for 18 months and she has been helping up the old rigs a new terrain park program from the start.

"We've received nothing but positive feedback for the program," said Roshko, who holds a number of positions within the team, including community outreach officer, levels and evaluations and training coordinator.

The boulders are equipped with fixed and loks for emergencies. With 180 acres to choose, the panels on the boulders will be instrumental in reaching the edges of the campus.

"They also help provide access to the paths and perimeters of the entire campus," said Roshko, adding that "the changes run all the way from the backdoor by the post office to the high street from all the way to the River Street. Rock climbing is huge here to never."

Now that the program has been in place, there's a chance to really grow that could take a long time to plan out, as well as some where one could go.

For outdoor recreation, the guards will venture on the routes and quickly assess the situation. After notifying the office the guards will either first aid and if an individual is passed, they can have other guards on site during the treatment or the guards or have backup arrive within a few minutes. If they need to, they can even have paramedics direct the situation while the guards provide the first aid treatment.

Roshko received his CAMP (CAMP) certification and trained the rest of the guards himself to make the inside of the college CAMP (CAMP) is a program offered in four provinces — British Columbia, Alberta, Ontario and Nova Scotia. You're able to take a variety of courses from first responder to instructor who have students involved but training in Waterloo.

The program hasn't been in place very long. The idea was first put in motion in May and as for the Drop camp at the early Conestoga campus with the early program.

"It was something that we just put together. We are meeting it right now on a trial run and as far as it's been great," said Roshko. "The other Conestoga campuses may pick up on it, but it's in its very early stages."

The Rocky Mountain boulders have been set up at the beginning of each shift and are prepared for defects before going out. There have at least one take out all day with early permission to other route paths. The boulders are for practice, so you won't see many of the staff climbing them bouldering just for fun.

They also make use much as routes.

"We will use them of the weather allows us to. Climbing safety is first and foremost for us," said Roshko.

One of those guards is John Devries, 35, who has been a security guard for 14 months. "I enjoy being out here interacting with the people. It is a lot of fun," he said. "The only thing I don't like is the bugs."

Devries likes how the boulders are visible to all students and can prevent the guards with a lot of ways to watch each other.

Devries was never an avid boulder, but he enjoys being out



PHOTO BY BRON WISE

John Devries, who has been a security guard at Conestoga's Doon campus for more than a year, likes supporting being a part of the new bouldering program.

and about

"I only need to ride once as a while, but you never forget."

The boulders are part of a program that is trying to make exploring understanding one thing that guards teach only

how to hand out tickets and deal with parking issues. They also look after lost and found.

Guards provide answers about the school for students and interacting first aid.

They also have a program

called Walk Safe, which is a program that provides outside for students who are mostly about going home alone (info on page 11 runs from 9:45 p.m. to 10:45 p.m. Monday to Friday).

## Cafeteria makes changes to combat spread of germs

By CALLAH WILHELM

The H1N1 influenza virus has made many people more nervous than usual about the amount of food and the season, and has been the catalyst for changes at Conestoga College food services. In an effort to minimize the spread of illness, the self-service areas of the cafeteria have been improved.

Staff and students will now find disposable cutlery at the cash counter, packaged as well as bottled condiments and baked goods individually wrapped to prevent the possible exchange of germs.



PHOTO BY CALLAH WILHELM

Conestoga College food services has made changes to reduce germ contamination in its self-service stations.

Hand sanitizers pumps have been set up at several loca-

tions including the entrance to Coyote Jacks

Seasalt, food services director for Chartistis

Cafe and Catering Services at Conestoga College and the changes were implemented as part of a pre-emptive and preventative strategy to prevent cross contamination in the various cafeteria areas.

"I think it's a really good idea, and I would just encourage against shaking hands or the like before you the plastic wrapped hands and say 'How's it going, nice to

see you.' Cafeteria customers are still encouraged to practice the good handwashing and to cover coughs."

# Conestoga College receives major funding

By ANNEKE SCHIFFEL

In spite of environmental concerns, not many people believe Conestoga College has big plans for growth and the money to back them up.

Conestoga received over \$18 million in funds from all three levels of government between May and August. The money is earmarked for expanding current programs and establishing new ones.

"We will be able to expand and support the growth of that dynamic program and broaden our offerings in applied engineering and research," said Conestoga president John Thibault in a press release. "This next step will confirm our status as a leading polytechnic institution."

We congratulate Conestoga administrators and staff for securing this funding and commend their great vision for the college's future.

In May, the federal and provincial governments committed over \$7.2 million in funding which will be used to expand the Waterloo and Guelph campuses and build a new one in Cambridge. The Waterloo campus will add an advanced roofing facility and also a training centre for skills related to heating, ventilation and air conditioning. The Guelph campus expansion will enable the college to provide innovative skills training related to alternative fuels, water conservation, small engine robotics and environmental. Meanwhile, the new Cambridge campus will specialize in technology for industries such as pharmaceuticals, transportation, renewable energy and food processing.

In June, the Bank of Canada received \$15 million to expand its Health and Life Sciences School.

The goal is to increase sports and recreation with renovations, additional recreation facilities, better hands on learning and upgraded instructional technology in classrooms. Conestoga also hopes to join forces with the University of Waterloo and their Health sciences students to develop a Kinesiology Building. This spring, the Region of Waterloo pledged over \$10 million to this project.

Another announcement came in August with \$3.3 million from Ontario for a new "green" campus. It is slated to open in spring 2010 and will provide for power and skills training, job skills, apprentices and computer programmes.

Reactions of Conestoga should be based on the outcome we leaders hold for this area and offer their unwavering support for continued growth and expansion.

The views herein represent the opinions of the newspaper, not necessarily the author.

## Letters are welcome

Spoke welcomes letters to the editor. Letters should be signed and include the name and telephone number of the writer.

Letters will be censored as necessary.

No unsigned letters will be published.

Letters should be no longer

than 400 words.

Spoke reserves the right to edit any letter for publication.

Address envelopes directly to:

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N2G 0E4



The little college that could

## Thank you for smoking elsewhere

At the end of the first day of school after working through the crowded hallways and standing through the lengthy Q&P line, I was glad to be getting a nice house. Walking through the front doors of the college, I took a seat on the long piano directly on from the door bearing the no-smoking sign to wait.

Within moments, another student came down beside me and stood flat through the big bags. Seconds later the student to the left held up her cigarette and asked, "Got a light?"

I answered in a low tone, "public smoking," hoping that the student in my piano and long piano directly behind the girl or the boy, might try to get off to some elsewhere. Instead, she puffed about ten inches to the right and asked the next student. It was at this time I realized that there were at least half a dozen students sitting within the clearly marked red lines with no signs in front.

It is not anti-smoking by any means. If you want to smoke, this is completely your choice. What I am asking is for those students



Heidi  
Klemisch  
Dybbek

who do choose to smoke to please respect my decision and the decision of other non-smokers to not do so. All of the non-smoking ones I spoke to clearly stated that they did not want to be around smokers. Signs are placed at these areas, including ones that reflect a \$50 fine for being caught lighting a cigarette.

It is not hard to walk the road. If I do not feel like walking out past park and we now smokers will be grateful that you did when we don't sit in with through a cloud of smoke just to get in place in the morning.

Of course smokers aren't the only smokers on campus who we see smoking less than considerate to their peers. After a long summer off we're all guilty of doing little things that, if avoided, could ease

the whole environment. By the

way, I am the first non-smoker in a household I created at the front of the The Macmillan Library. It does not give you and your right here. I would like to jump to the front of the line. We all sit like, for when and we, as all kinds as well, for 20 minutes, and 20 minutes past, nothing, no group.

The hallway is just a lounge in a hallway. People are trying to get places, and as such, what's left of French letting the sun about, summer, vacation directly in the line of traffic is just going to make people sick and irritated. Besides, it would be a much more comfortable if you would not constantly being harassed and thereof.

Other simple things like closing up your own windows in the summer, or holding the door to rooms instead for the student with an umbrella of windows take me home and I am greatly improve the day of the person behind you. Remember, we're all here for the next eight months, so please make this as positive as possible by showing your peers a little respect.

## SPiKE

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# New campus to be built this fall

By RANDI RABINOVITZ

Cambridge is growing. The hills are higher, the houses are bigger and the drive to school is more hectic. Cambridge has seen a 20% per cent increase in acceptance, which is why construction on the new Cambridge campus could not come at a better time.

Later this fall construction will begin on the 120-acre site located directly across the 401 highway from the Doon campus. Phase one of the estimated \$200-million project is expected to be done by fall 2011. The first phase will become the home of the School of Engineering and Information Technology and also the Ontario Institute for Food Processing Technologies.

The Frontenac Street site was owned by the City of Cambridge but last October Cambridge expressed their option to buy the land from

the city, knowing what they expect to be a long and successful relationship.

"It is an excellent opportunity to grow our campus and it is a great opportunity for Cambridge to have a great postsecondary school," said director, library and vice-president of external relations at Cambridge College.

Cambridge is one of the communities that has a very high dependency on the manufacturing sector.

The new campus will be the home of many transfer programs such as engineering, robotics, welding, mechanical, building and food processing.

The new campus will begin the first step on a long road of growth. When it is all over Cambridge will be an additional one million square feet of facilities and over 18,000 new students, making the move for Cambridge to continue to be the fast-growing college in Ontario.

## Health-care students invited to free bbq

By RANDI RABINOVITZ

The Saturday, health-care students from Waterloo Region post-secondary schools will take a study break to go play at Victoria Park in Kitchener.

The first annual Waterloo Interdisciplinary Health-care Student Collaboration (WILHSC) Social will facilitate team building and support student relationship growth through Olympic-style events and a free barbecue. Registration starts at 10:30 a.m. and the event will end at 1 p.m.

Teams of students will be formed from a variety of different health-care programs so that they can get to know each other and start to network.

"We try to teach these students to work and play together while doing our assignments so they can carry these relationships on to their professional careers and learn to respect each other as individuals," said Vanessa Gable, spokesperson for the student collaboration.

WILHSC hopes to encourage students of different health-care programs to branch out from their own cliques and get to know other students through events at school. They feel this will prepare

health-care students to work co-operatively when they become professionals, there fore creating a healthier working environment.

"Right now, as it stands, there is a big disconnect. A lot of people are fighting between the different professions. Some times there is rivalry or attitude between the professionals because they are not regulated," Gable said.

Many Kitchener's professors of nursing at Cambridge College, know how important strong relationships between health-care providers actually is in the field. "It is absolutely critical because we work together and when we don't understand the other person's role you're not going to be as effective. We are all in it for the patients," Taylor said.

The health-care students in WILHSC come from Cambridge College, University of Waterloo, Wilfrid Laurier University and McMaster University.

A bus has been arranged to pick up students at Cambridge College, students of Doon & St. Mary's have received a bus through the WILHSC website. Interested students can follow WILHSC through their website ([www.wilhsc.com](http://www.wilhsc.com)) and Facebook page.

# Rec centre renovations complete

By RANDI RABINOVITZ

Major renovations are now complete at Cambridge College's recreation centre, including a new energy-saving heating system.

Cambridge City Council has approved the climate system along with high-efficiency lighting which will save the college an estimated \$100,000 per year. Roof-top mounted sensors and weather stations have also been replaced after nearly 20 years of use.

Inside the recreation centre, equipment has been added and additional time has been allocated for students use.

"We are seeing a general shift in the centre and we have lots of community groups and more student involvement and staff. Doon Ontario director of athletics and the recreation centre.

Health and wellness are important to the college, because health is wealth and well-being is a priority.

Several programs at Cambridge College have physical and experiential, which means the recreation centre also serves as a classroom. These include wet and dry environments, physi-



Photo by Randi Rabinovitz  
Miss Cambridge enjoys a game of bocce at the recreation centre.

calendaring and personal training and education groups.

Membership to the recreation centre is included in tuition for full-time students and available at a discounted rate for college alumni and employees.

"I prefer coming to the recreation centre at Doon and

the equipment is good," said David Rubin, a first-year nursing student.

In addition to these major upgrades, the college has plans to further expand the recreation centre.

"Our eyes are on the future, and Ontario '11 shows signs, we will expand everything."

## Student Life

# Get Involved Fair

## THIS THURSDAY!

11:00 am - 2:00 pm

Student Life Centre Atrium & E-wing

Looking for a way to get involved on campus or in the community?

On-campus clubs & services as well as off-campus organizations from across the tri-cities will be showcasing their volunteer opportunities for students!

Getting involved is a great way to:

- Connect with your community both on campus and off
- Gain new skills and use current ones
- Enhance resume & make networking contacts
- Meet new people from all walks of life
- Develop self-esteem and self-confidence

# Conestoga starts year off with a bang

Party guests include Barack Obama, David Suzuki and Ubiquitous Synergy Seeker

## By STACEY HAUSSNER

If you weren't there you missed out. It was a bangin' first day on Sept. 15, perfect weather for a great party. And Conestoga Students, let's just say the turnout was great. From the start of the evening, the crowd turned into a party, with students in jeans, pants, dress, leathers and all placemats. It was a great way for CSI to start the year new and off the dead as a beginning of the year over.

Pop folk band Ubiquitous Synergy Seeker, not only

played a killer show but had energy on stage that was sending shivers through the crowd.

"CSI is such a buzzed off TBS! The Bells" said vibra. I went to COCA (Canadian Organization of Campus Activities) Nationals to represent Ontario. Ontario has a great DJ that just came. I love them and had to have them at our Peaf Party. They put on a great performance and Tara Werner (CSI's event co-ordinator).

Hansen wasn't alone in her enthusiasm. Conestoga students danced, laughed and

danced while enjoying the band, the barbecue and the raffle winner.

USS brought US President Barack Obama and environmentalist David Suzuki in the party. Both of their excellent speakers were well received by a Conestoga student and our very own Olly the Condor, who danced with the audience.

I liked seeing students bring an Peaf Party this year," Hansen said. As a graduate of marketing at Conestoga I have learned so much from my mother and

during my time I was always interested in events but I wanted to make changes. It makes me surprised to see that I can change things around and bring a great edge to events. I hope to give the present and future students

of Conestoga what they deserve.

More than 3,000 attended the event.

For more information on growing CSI events contact Tim Heriot at [theriot@conestoga.ca](http://theriot@conestoga.ca).



## Be the Difference at Conestoga! Join the Respect Student Committee!

- Develop your leadership skills and build new ones!
- Make a difference in your college community!
- Great resume and portfolio builder!
- Make new friends by getting involved!

Pick up a Respect student committee application form or find out more by visiting the Student Life Office

Located in Room 2A104-2, Student Life Centre

Thank You for Being the Difference

**C** CONESTOGA

Student Life



A Conestoga student and Olly the Condor interact with a cardboard cutout of Olly at the CSI Peaf Party Sept. 15.



USS give off a positive energy with their folk pop music



The Pool Party was held on a beautiful day which turned out to be the last day of summer. Students who did not go swimming in the sun. They also had the option of shopping, eating or relaxing in the shade.

**Bottom right:** Gina Horner, 2009 awards co-chairwoman presented City the Crest with the most unique trophy in Allendale. Senior Service committee helped to make the trophy.

PHOTOS BY  
STACIEY FALCONER





PHOTO BY ALICE GOMBER  
Karen Kukkuk is a new professor in the School of Engineering and Information Technology.

# Welcome aboard

## School of Engineering welcomes new prof

By ALICE GOMBER

There are a lot of new faces in the School of Engineering and Information Technology, some students, some faculty. On the students, the Second Convocation opportunity for lead-off workers means there are more mature students.

"The program is interesting at the same time," said Jason Biedermann, chair of the program.

"But there is always a bit of a gap in the first month."

On the faculty front, the school welcomes associate Karen Kukkuk who has travelled a long road to get here and will be teaching 98 first year engineering students.

"It has taken me quite a few years to get to this point," said Kukkuk.

After studying math, engineering and robotics in Canada, the U.S. and Mexico, the married mother of two was a senior quality engineer at General Motors in the Canadian Engineering, Oakville.

However, after volunteering with FIRST (For Inspiration and Recognition of Science and Technology) in Port Perry, Ont., where she encouraged young students to pursue careers in robotics and math, she knew she wanted to teach her passion to others.

After being hired by Conestoga College, her husband and three-year-old son, Trent, moved to Newmarket to be close to the college.

In August, she participated in one of the two trade shows held by the School of Engineering and Information

Technology. There she ran into one of her earliest students from Port Perry High School. He was presenting his final project to complete his third year of study. Tom Horizons' collage drew a lot of attention before graduating from the mechanical engineering technology program at Conestoga.

"I was very happy to know of his successful outcome," Kukkuk said.

Although she was the only female in her class and the teacher only four females in a class of 98, she has never thought that being a woman in a male dominated field was anything special.

"There are no barriers for women in engineering," she said.

"It feels no different than a man in engineering."

## Conestoga College helps immigrants find work

By NICOLE FERKIN

Conestoga College is using its strength in IT to help immigrants find meaningful work in Canada.

At the end of January 2009, Conestoga College joined forces with the Waterloo Region Immigrant Employment Project (WRIEMP) to help find internships for immigrants to Canada.

WRIEMP tries to find work experience for immigrants that could lead to permanent employment. Many internationally trained professionals come to Canada with careers that need to be overseas before they can continue their careers. Some of these former may include learning English and updating their skills.

WRIEMP also finds mentors for the interns who can help them with some of their barriers. Conestoga College has many ties with businesses in

all fields, which WRIEMP sees as its advantage. A lot of the time, these fields don't work because they are not fluent in English, so updating their skills in such were very important.

People Heitner is the director of co-operative education and career services at Conestoga College and is one of the driving forces behind Conestoga's involvement in the program. She was also a resource from Conestoga's Career Centre to find employers in relevant fields. Some companies that are interested in hiring immigrants include Skills International, the Working Centre and the YMCA/YWCA.

"The immigrants help significantly specific because we know where they have to do their work and

For more information on the program, visit Conestoga's Career Centre located in the Student Choice Services Building at the Doon campus.

**ON-CAMPUS CHIROPRACTOR**  
Covered by CSI Health Plan

**HEALTH SERVICES**  
748-5220 Ext. 3679

## Attention all healthcare/pre-health students!

The Waterloo Interprofessional Healthcare Student Collaboration is inviting all healthcare/pre-health students from Conestoga College, McMaster University, University of Waterloo and Wilfrid Laurier University to attend their first annual WHBC Bowl on Sept. 26, 2009 at Victoria Park.



This is an exciting day of fun and games designed to build the personal trust and understanding required in a multi-disciplinary healthcare setting. It is a great networking opportunity and is a great way to build relationships that will blossom off throughout your future career.

Events begin at 11 a.m. but please arrive by 10:30 to register and be assigned to your teams. A BBQ and refreshments will be provided.

## Conestoga Career

Conestoga College has a Career Resource Centre where students can get guidance about future job prospects. Help with resumes and interviewing skills is also available.

PHOTO BY NICOLE FERKIN

# Walking for Parkinson's

## By KAREN MCGOWAN

Participants at the starting line were like Parkinson's supporters in that they had to kick off the annual SuperWalk for Parkinson's Sept. 13.

Over \$12,000 was raised to help fund a cure for Parkinson's. Among the 100 walkers were 70 year old Karen Verapciuk, who was diagnosed with Parkinson's in 1989.

Parkinson's is a disorder of the brain. Movement is controlled by dopamine, a nerve transmitter which controls movement. It fails that produce dopamine due to nerve damaged symptoms of Parkinson's appear.

"I don't have much problem walking. But I do shuffle a lot," said Verapciuk.

After Verapciuk, one day passed with Parkinson's not being part of a North American study, one of five Canadians who took part.

The study was to see if applying powdered cells found in the brain eye area areas of the brain damaged



PHOTOS BY KAREN MCGOWAN

and they did. More than 100 people participated in the annual annual SuperWalk for Parkinson's held Sept. 13 at Riverdale Park in Cambridge. Above left, Verapciuk, right, chair of the Cambridge SuperWalk Committee, welcomes and thanks everyone for their support and help in finding a cure for Parkinson's. Right, Kara Kengoroff, a Cambridge student who suffers from Parkinson's, came along with her family to take part in the event.

By Parkinson's disease could reduce symptoms and improve quality of life as people with students to control Parkinson's. The treatment was called深呼吸.

"I went for the surgery at Atlanta. They cut open my head, and inserted the cells

into the brain eye," said Verapciuk.

Some people received the real treatment of深呼吸 while others received a placebo. Verapciuk found out later that he received the real treatment. Friends and family have visited since surgery.

and on top more than 100 people received the real treatment of深呼吸 for Parkinson's, said the event and defeated this year's walk.

"I do a lot for my grandfather who has Parkinson's," said Snyder.

## WRITING HIS WAY TO A FREE TUITION



With an ideal career in his sights, Ryan Ray is a business materials and operations management student who has won twice in this fall's year of contests, winning the 2009 Raybuck Business Award essay competition. The award was presented by his program's co-ordinator, Stephen Thompson.

## CLASSIFIEDS

### Volunteers Needed!

Volunteer with a child at the school and help improve their self-esteem and confidence.

1-3 hours a week commitment  
Call Conestoga Mental Health  
766-7645 x3234

The Distress Centre needs volunteers to provide confidential, respite listening on our Crisis & Distress line. Complete training provided.

Call 1-800-744-7645 x3230

## CONESTOGA STUDENTS INC.

WWW.CONESTOGASTUDENTS.CCIM

### OPEN LETTER TO STUDENTS:

On behalf of the Conestoga Students Inc (CSI), I would like to welcome you all to Conestoga College. It is important to let you know that the Ontario Public Sector Employees' Equity (OPSEU) has filed an application with the Ontario Labour Relations Board (OLRB) to recognize all part-time support staff members, including students.

To date, the OLRB has officially addressed us in when they will call a meeting with us. The College Student Alliance (CSA) is present at advocacy organizations, believe that such a meeting will be scheduled sometime this fall.

If you are currently working part-time on-campus or planning to apply for such a position, please take the time to become educated at present. By doing this you can ensure that when the OLRB makes a decision on Conestoga, you have made an informed vote. CSA is committed to ensuring that all students are given an opportunity to have their voices heard during this vote.

This is a very important issue and we urge you to take action or not. You support being unionized. This vote will for your decision to make an informed choice. So please make sure you have all the necessary information by being an informed and educated voter. Make sure you voice is heard.

For more information and updates, please do not hesitate to visit us in the Board of Directors office 241-04 or visit the College Student Alliance (CSA) website ([www.collegestudentalliance.ca](http://www.collegestudentalliance.ca)) as well as [www.conestoga.ca](http://www.conestoga.ca) and [www.conestoga.org](http://www.conestoga.org).

University

Monica Turner  
President

This message is brought to you by the College Student Alliance (CSA) and POLA (Student Association).





## HOROSCOPE

With of Sept. 21, 2009

**Aries**  
March 21 -  
April 19

Because of men in green shirts  
You will be like for an important  
appointment but it will be a  
reounding success

**Taurus**  
April 20 - May 21

You will start every single one  
of your tos this week through 10  
unrelated incidents. You will find  
a great deal on road food books

**Gemini**  
May 22 - June 21

While taking on the trade  
you will overflow a fly. Do not  
forget to remedy the situation  
through a solution you learned in  
a children's song.

**Cancer**  
June 22 - July 22

While going on a wedding  
you accidentally bite your  
tongue. While leaving your  
money you will find a source  
because of dogs in people who  
work

**Leo**  
July 23 - August 22

Watch out for someone with  
green hair. You will experience  
trouble with relatives of whom  
poor like work

**Virgo**  
August 23 -  
September 22

You will fall asleep in a chair  
this week. This will cause you to  
spill all over your clothing.  
While buying class remember  
you will try a new kind of game that  
you will love



Nick Dasko is a second year  
journalism student holding fast  
to the palm of his hand

**Libra**  
September 23 -  
October 22

While breathing your breath you  
will have it smelling like red wine  
driously bring your hand to the  
counter

**Scorpio**  
October 23 -  
November 21

Look out for a toddler running  
around. A newborn website will  
take up a great deal of your free  
time

## CROWD GOES WILD FOR PROTEST THE HERO

Ricky Walker (right), of Protest  
the Hero, got the crowd (below)  
in an episode of their recent con-  
cert at Arlene Hall in

Massachusetts. Some of the Ma-  
names coming to a concert hall  
now: you are Children of Bodom  
Sept. 26 at Elements in  
Kitchener. The Level Oct. 26 at  
Knot Head in Barrie and the  
Dropkick Murphys Nov. 26 at  
Sound Academy in Toronto

PHOTO BY JAVIER REINA



## Counsellor's Corner

### Welcome from Counselling Services

To those students who are beginning their college career at Conestoga,  
welcome! Right now you are probably excited about opportunities to learn more  
about your area of study, meet other students and just find your way around  
campus. As well, we encourage you to take advantage of the many services that  
Counselling Services have designed to help students be successful.

Professionally trained counsellors can help you resolve barriers that stand in the  
way of you reaching your educational goals. Arrange to see a counsellor if you  
have academic or personal concerns during your time at Conestoga. Groups  
and workshops are offered for such issues as performance anxiety, stress  
management and relaxation.

Counselling is free to students, voluntary and confidential. Counsellors can also  
refer you to other College and community resources that can help.

To those students who are returning for another semester of study, welcome  
back! We hope the coming sem provides fresh ideas and challenges, new  
friends and activities and brings you closer to your academic goals! Come and  
see us in Counselling Services if we can help in any way.

**Counselling Services; 1A101  
Student Life Centre**

# Other fish to fry

By MARK PESENTI

A host city is a smooth, well-lit job. On it, a whole year of prep work, their love and the work and results.

It then sounds like the life of *Concordia* fishing team is over. Mark PeSENTI, a 19-year-old, third year student in the architecture project and faculty representative for the team at Concordia, dismisses the claim as 2003 A-lass fishing experience was the tip of the *PeSENTI* as faculty involved in the *Berkeley El Collegiate Bass Challenge*.

There are seven predators on the *Concordia* team but PeSENTI is bound for more angles than that. *On the team are* Carlos Gaitan, Steven Tracy, Greg Kreyer, Jimmie Pierce and *of course* PeSENTI.

"Our first, second at Sept. 22 2003 and now, hoping for some new fish," PeSENTI said.

The team competed in a two day televised competition in Quebec this year, on Lake Saint Laurent, ending in 14th place. Every team paid \$300 to enter the competition, and that total was then split into the first, second and third place teams. Since the person who received the first place, \$500, went to the second place and 50 percent to the third.

*Concordia* was the only school to compete, however, and next year George's College, York University, University of Ottawa and Carleton's Blues College will be participating.

You have to be in the right question for the challenge PeSENTI said, emphasizing how



Members of *Concordia*'s bass fishing team taking time over anatomy to discuss fishing tactics. *Concordia* bass team (Mark PeSENTI, fourth from the right) holds a presentation from the competitive fishing industry to talk to the team.

the basses fish the most basses each day, saying as quickly as it can, and not going to bed until 11 p.m.

On Sept. 8 PeSENTI and the only female member on the team, Poole, entered and won the Boys' Bass and Basser's Half competition, where bass had to consist of one male and one female.

"I guess, is really good at fishing," PeSENTI said.

"What happens to the fish, were they're weighed?"

"That's the thing they everyone wants to know," PeSENTI said.

The competitions always end on a scale and rebake idea. The fish are kept in an ice water in holding tanks to cook fast. The ice water keeps the fish's bones intact.

Then the bass is transferred into a bag of any greatest water, before being transferred again into a bag for final weighing. After being weighed, all the bass are put into a boat, taken to the middle of the lake, and released through a slot in the bottom of the boat.

*Concordia*'s bass fishing team will enter over a month during the school year either to speak to a representative from the competitive fishing industry or to "talk shop" with other angling novices.

The team doesn't practice fishing together to prepare for competitions.

"With *Concordia*'s A-lass

team, we test, practice, and then do it," said PeSENTI.

For more information on the team contact Mark PeSENTI at mark.pesenti@kyleigh.ca

# Getting back into swing of things

By MARK PESENTI

After months of practice, the season is in sight and you have to start early every day from the ridge. *Concordia* bass team gets up double for the first week of *Concordia* bass season.

Although you started out on the bus of legend, you're not likely out of bed, registration starts today for members of the competition. From classic sports like basketball and volleyball to elementary school favorites like badminton and floor hockey, everyone should have something to compete.

Now this isn't European basketball, which was requested by the students last year.

Starting from Oct. 1 until Dec. 18, students can enter with friends, classmates and relatives. You can sign up with a team or as an individual and *Concordia* will help to pay a \$40 bond, but as long as they follow some basic rules like no fighting, smoking or drinking, they will get their money back. Any lost bonds go into the treasury under the hood.

Karen McCartney, *Concordia*'s athletic liaison said, and they are expecting around 1,000 students to play

throughout the competition.

"I would love to play, but unfortunately I can't because of the workload this year," McCartney said.

McCartney was quick to answer these questions.

"It too much time competing really that good," she said. "Get out and have fun first."

For more information about *Concordia* expressworks, drop by the rec centre, call Karen McCartney at 319-343-3220 ext. 2371, or visit [www.concordia.ca/sports/expressworks](http://www.concordia.ca/sports/expressworks).

[www.kwsfinest.com](http://www.kwsfinest.com)

**RIM PARK**

**SAT SEPT 26 & SUN SEPT 27**

**10am - 5pm**

**free admission**

**MASSIVE  
TWO DAY SALE**

**KW's finest**

The products you'd love to own...

...at the price you want to pay!



KW's local retailers have come together to offer you a weekend of massively discounted products!

CONESTOGA  
STUDENTS INC.

# eJay's

## BASEBALL TRIP

Bus departs from room 104 at noon. Game starts at 1:00pm.  
Buy your tickets in the self serve area, room 2408.  
Seats are located in the 100 level outfield.

SUNDAY, SEPTEMBER 27<sup>th</sup>

**\$21.00 A TICKET**  
INCLUDES  
TRANSPORTATION  
AND TICKET

ADMISSION  
ADMISSION

# TOGA PARTY PUB NIGHT

CONESTOGA  
STUDENTS INC.

\$2.00

A TICKET

DANCE ONLY  
BY DANCE  
BY DANCE  
BY DANCETHURSDAY, SEPTEMBER 24<sup>th</sup> IN THE SANCTUARY FROM 8PM - 1AM